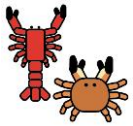
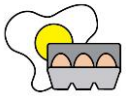
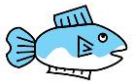
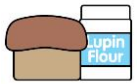
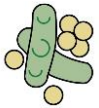
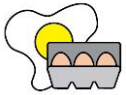
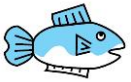
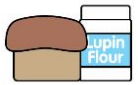
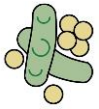
DISHES AND THEIR ALLERGEN CONTENT – St Josephs Catholic School– Summer 2018

DISHES														
Main Menu **Wk 3** **Summer 2018**	**Celery**	**Cereals containing gluten**	**Crustaceans**	**Eggs**	**Fish**	**Lupin**	**Milk**	**Mollusc**	**Mustard**	**Nuts**	**Peanuts**	**Sesame seeds**	**Soya**	**Sulphur Dioxide**
Beef Bolognaise (Chiltern local)													✓	
Vegetable Bolognaise (BD-36512)				✓										
Plain pasta (BD-70490)		✓												
Rice														
Swede														
Carrots														
Bread (for salad bar)		✓										May contain	✓	
Fruit Yoghurt							✓							
Baked potato														
Cheese							✓							
Baked beans														

DISHES														
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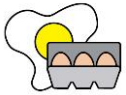
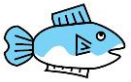
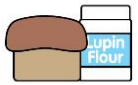
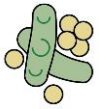
Tuna Mayonnaise (BD-04134 30530)				✓	✓									
Sandwiches	See	packs	For	details										
Sweetcorn														
Scotch Pancakes (BD-36007		✓		✓			✓							
Chocolate Sauce (BD-52998)														
Fresh Fruit (Birring)														
Yoghurts (BD-72942, 99120, 99126)							✓							
Roast Beef (Chiltern local)														
Gravy (gluten free) (BD-22212)													✓	
Stuffed Peppers (Birring) (BD-05997)		✓												
Roast Potatoes (now gluten free)														

DISHES														
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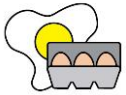
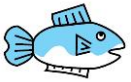
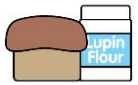
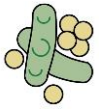
Fresh Cabbage (Chiltern Local)														
Green beans (Chiltern Local)														
Strawberry Jelly (BD-39959)														
Fresh Fruit (Birring)														
Fromage Frais (BD-24534)							✓							
Bacon Carbonara (BD-70490,04193 Chiltern Local		✓					✓							
Pesto Pasta (BD-70490, 04729)		✓					✓							
Garlic bread (BD-71545)		✓					MAY CONTAIN						MAY CONTAIN	
Farmhouse veg (BD-04497)														
Fresh water melon (Birring)														
Breaded Fishcake (Chiltern local)		✓			✓									

DISHES														
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Cheese & Onion pasty (BD-50448)		✓					✓							
Chips (Chiltern Local)														
Baked Beans (BD-30396)														
Vanilla Choc chip Muffins (BD-19070)		✓		✓			✓						✓	
Gluten Free Fish Fingers (BD-02771)					✓									
Bread (BD-11655)		✓										May contain	✓	

Updated
16/3/18

Reviewed by: P Jefferys 16/3/18

Food Standards Agency
food.gov.uk

You can find this template, including more information at www.food.gov.uk/allergy

This is designed to be a guide only. For more details about specific product contact the school.

Please note that fruit and vegetables that are not listed are free from the above allergens

All pre—packed sandwiches have allergy awareness on the packaging