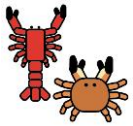
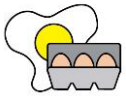
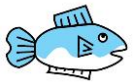
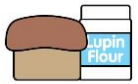
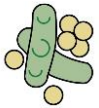
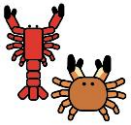
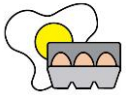
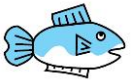
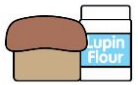
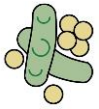
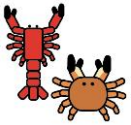
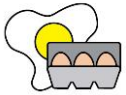
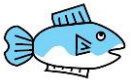
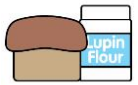
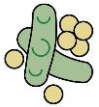
DISHES AND THEIR ALLERGEN CONTENT – St Josephs Catholic School– Spring 2018

DISHES														
Main Menu **Wk 3** **Spring 2018**	**Celery**	**Cereals containing gluten**	**Crustaceans**	**Eggs**	**Fish**	**Lupin**	**Milk**	**Mollusc**	**Mustard**	**Nuts**	**Peanuts**	**Sesame seeds**	**Soya**	**Sulphur Dioxide**
Beef Meatballs	Used in factory	✓		Used in factory			Used in factory	Used in factory	✓				✓	✓
Gluten free meatballs														✓
Tomato sauce for Meatballs														
Neapolitan Pasta		✓					✓							
Macaroni Pasta (served plain)		✓					✓							
Sweetcorn & Peas mix														
Fresh Fruit														
Peach Yoghurt							✓			May contain	May contain			
Baked potato														
Cheese							✓							
Baked beans														

DISHES														
Main Menu **Wk 3** **Spring 2018**	**Celery**	**Cereals containing gluten**	**Crustaceans**	**Eggs**	**Fish**	**Lupin**	**Milk**	**Mollusc**	**Mustard**	**Nuts**	**Peanuts**	**Sesame seeds**	**Soya**	**Sulphur Dioxide**
Tuna					✓									
Sandwiches	See	packs	For	details										
Cheese & Tomato Pizza		✓					✓							
Salmon & Spinach Pasta		✓			✓									
Green beans														
Carrots														
Genoa Cake				✓						May contain	May contain	May contain		✓
Roast Chicken														
Gravy (gluten free)													✓	
Chilli bean Casserole													✓	
Roast Potatoes (now gluten free)														

DISHES														
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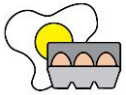
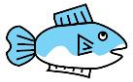
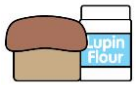
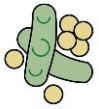
Farmhouse vegetables														
Orange Jelly (v)														
Beef Cannelloni		✓		✓			✓						✓	
Bean & Vegetable Lasagne		✓					✓							
Garlic Bread		✓					✓						✓	
Broccoli														
Sweetcorn														
Jam Sponge		✓		✓										
Custard							✓							
Breaded Cod Bites		✓			✓									
Vegetable Samosas		✓												

DISHES														
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Chips														
Baked Beans														
Vanilla Choc chip Muffins		✓		✓			✓						✓	
Gluten Free Fish Fingers					✓									

Updated
30/11/17

Reviewed by: P Jefferys 30/11/17

Food Standards Agency
food.gov.uk

You can find this template, including more information at www.food.gov.uk/allergy

This is designed to be a guide only. For more details about specific product contact the school.

Please note that fruit and vegetables that are not listed are free from the above allergens

All pre—packed sandwiches have allergy awareness on the packaging