

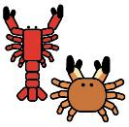
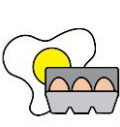
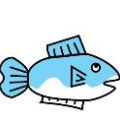












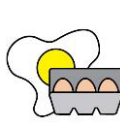
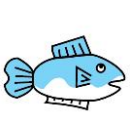











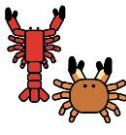
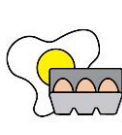
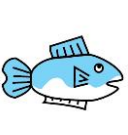
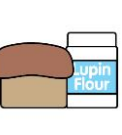






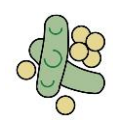



# DISHES AND THEIR ALLERGEN CONTENT – St Josephs Catholic School – Spring 2018

DISHES														
Main Menu Wk 1 Spring 2018	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Pork Sausage	✓	✓		Used in factory			Used in factory					Used in factory	✓	✓
Gluten free Sausage														✓
Vegetable sausage (Linda McCartney)		✓											✓	✓
Onion gravy (gluten free)													✓	
Mashed potatoes							✓							
Green beans														
Chocolate Cake (gluten free)				✓						May Contain			✓	
Baked potatoes														
Cheese							✓							
Tuna					✓									
Sandwiches	See	packet												



DISHES														
Main Menu Wk 1 Spring 2018	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Beef meatloaf	Used in factory	✓		Used in factory	Worcester sauce Contains fish		Used in factory		✓			Used in factory	✓	✓
Tomato sauce														
Quorn meatloaf		✓		✓										
Rice														
Garlic bread		✓					✓						✓	
Farmhouse vegetables														
Treacle sponge		✓		✓			✓				May contain			
Custard							✓							

DISHES														
Main Menu <b>Wk 1</b> Spring 2018	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Breaded cod fillet		✓			✓									
Bean burger		✓												
Chips														
Baked beans														
Vanilla choc chip muffin		✓		✓			✓						✓	
Gluten free fish fingers					✓									

Review date: 30/11/ 2017

Reviewed by: Paul Jefferys 30/11/17



You can find this template, including more information at [www.food.gov.uk/allergy](http://www.food.gov.uk/allergy)

This is designed to be a guide only. For more details about specific product contact the school.

Please note that fruit and vegetables that are not listed are free from the above allergens

All pre—packed sandwiches have allergy awareness on the packaging