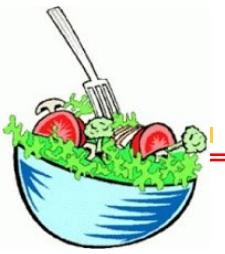


Lunch Menu Spring/Summer 2017



Week One

W/C 20/02/17, 20/03/17, 17/04/17, 15/05/17, 12/06/17, 10/07/17

Monday

(GF) Chicken Korma
 V Vegetable Korma
 White & Brown Rice
 Wholemeal Chapatti
 Steamed Carrots

(GF) Fresh Fruit & Organic Yoghurt Selection

Tuesday (meat free day)

V (GF) Baked Potato
 V Penne Pasta with Pesto
 Broccoli

Tuna, Grated Cheese and Baked Beans
 Treacle Sponge & Custard

Wednesday

(GF) Roast Turkey
 V Cauliflower Cheese
 Roast Potatoes, Gravy & Cranberry Sauce
 Cabbage & Carrots
 (GF) Chocolate Cake slice

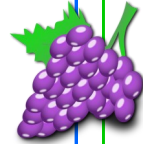
Thursday

Beef Lasagne
 V (GF) Vegetable & Lentil Lasagne
 Garlic Bread
 Mixed Vegetables
 V (GF) Fruit Salad

Friday

* Cod Bites,
 V Vegetable Samosa
 Chips, Peas & Baked Beans
 Vanilla Choc Chip Muffin

* Gluten Free Fish Option Available



Week Two

W/C 27/02/17, 27/03/17, 24/04/17, 22/05/17, 19/06/17, 17/07/17

Monday

(GF) Pork Sausage
 V Vegetarian Sausage
 Yorkshire Pudding
 Mashed Potato & Gravy
 Green Beans & Carrots

(GF) Fresh Fruit & Organic Yoghurt Selection

Tuesday (meat free day)

V Cheese & Tomato Pizza
 Salmon, Spinach & Wholemeal Pasta
 Sweetcorn & Peas

Jam Sponge Cake & Custard

Wednesday

(GF) Roast Chicken
 V Vegetable Oatmeal Crumble
 Roast Potatoes, Gravy and Sage & Onion Stuffing
 Broccoli & Cabbage
 (GF) Fresh Pineapple & Vanilla Yoghurt

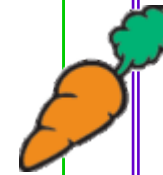
Thursday

BBQ seasoned Chicken Fillet
 V Ratatouille
 (Aubergine, Peppers, Courgettes, in tomato sauce)
 Rice & Carrots
 (GF) Fresh Watermelon

Friday

* Fishcake
 V Vegetable Nuggets
 Chips & Baked Beans
 Blueberry Muffin

* Gluten Free Fish Option Available



Sandwiches

Pre-ordered fresh Sandwiches will be

Available every day:

- Plain Ham.
- Sliced Cheese
- Tuna & Cucumber,
- Egg & Cress

Accompanied by a fresh mixed salad and dessert



Also available everyday of the week:

Mixed Salad, Seasonal Vegetables,
 Jacket Potatoes with fillings,
 Fresh Fruit, Fruit Yoghurts

- All our bread is wholemeal
- All our yoghurts are organic

V = Vegetarian

(GF) = Gluten Free



Lunch Menu Spring/Summer 2017

Week Three

W/C: 06/03/17, 03/04/17, 01/05/17, 29/05/17, 26/06/17,

Monday

Chicken Casserole with Sage and Onion Dumplings
V (GF) Root Vegetable Casserole
New Potatoes
(GF) Fresh Fruit & Organic Yoghurt Selection

Tuesday (meat free day)

V (GF) Baked Potato
V Tomato & Vegetable Pasta Bake
Coleslaw, Cheese & Baked Beans
Scotch Pancakes with Cherry topping

Wednesday

(GF) Roast Turkey
V Cauliflower Cheese
Roast Potatoes, Gravy & Cranberry Sauce
Mixed Vegetables
(GF) Genoa Cake slice

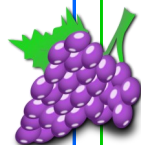
Thursday

(GF) Beef Burger
V Bean & Vegetable burger
Soft Bun & Low Sugar Ketchup
Sweetcorn
V (GF) Raspberry Jelly & Cream

Friday

* Jumbo Fish Finger
V Vegetable Samosa
Chips, Peas & Baked Beans
Chocolate Chip Muffin

* Gluten Free Fish Option Available



Week Four

W/C: 13/03/17, 10/04/17, 08/05/17, 05/06/17, 03/07/17,

Monday

Chicken Chow Mein with Noodles
V Vegetable Chow Mein
Sweetcorn & Peas
(GF) Fresh Fruit & Organic Yoghurt Selection

Tuesday

(GF) Beef Meatballs in Tomato Sauce
V Quorn Meatballs
Penne Pasta
Farmhouse Vegetables
"Spotted Dick" & Custard

Wednesday

(GF) Roast Chicken
V Macaroni Cheese
Roast Potatoes, Sage & Onion Stuffing & Gravy
Broccoli & Cabbage
(GF) Madeira cake slice

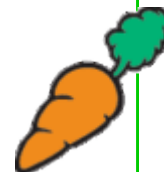
Thursday

(GF) Whole Chicken Fillet Burger
V Vegetable Burger
Soft Bun & Low Sugar Ketchup
Sweetcorn
(GF) Fresh Fruit Salad & Cream

Friday

Breaded Haddock
V Cheese & Onion Quiche
Chips & Baked Beans
Blueberry Muffin

* Gluten Free Fish Option Available



Our story and our partners

Our priority is our customer.

The Child

Seasonal menu changes take place after consultations with every school we work with.

"What do children want to eat?"

We then consider the guidelines set out by the Government and the School food plan to ensure we deliver a varied, healthy & nutritious menu.

Finally, comes our firm belief in supporting local business.

We are proud to work with Birring's Family Greengrocers in Chalfont St Peter for all our fresh fruit & vegetables. Our fresh meat is supplied by a Chiltern based butchers.

We cater for primary school children, serving schools in the local area .

We are extremely proud to have a 5* hygiene rating from Chiltern District Council and we constantly strive to improve everything we do.

We are:

St Joseph's School Catering

Chalfont St Peter